



UPCYCLING WITH JEANETTE—Wednesdays at 2:00 PM

Are you interested in taking recycled items and turning them into something useful? This is exactly what is happening at our new program on Wednesdays. The two projects coming up are key necklaces and flower pots. You must be registered and space is very limited. Please call 758-2883 to register. Ask for Jeanette if you have questions about the projects.

TECHNOLOGY CLASS DESCRIPTIONS

AARP Foundation
Digital Skills Ready@50+

IN COLLABORATION WITH
OATS OLDER ADULTS
TECHNOLOGY
SERVICES
FROM AARP

Learning new skills, especially digital ones, can be both exciting and intimidating. That's why we're excited to team up with AARP Foundation and Older Adults Technology Services (OATS) from AARP to provide Digital Skills Ready@50+ trainings. These trainings are designed to help older adults increase their economic security by giving them the digital essentials they need to find and secure jobs, change careers, or explore entrepreneurship.

Please read the program descriptions to make sure the class is appropriate for you.

April 2023

Monday, April 10th at 10:00 AM—"Online Health Resources" (Lecture—75 minutes)

The internet can be an excellent source for learning more about your or a loved one's health. This presentation will introduce you to the topics and tools offered on two reputable websites, MedlinePlus and Mayo Clinic. You'll also learn how to evaluate health-related information online.

Monday, April 17th at 10:00 AM—"Using Fact-Checking Sites" (Workshop—75 minutes)

This interactive workshop will review the ways you can identify misinformation online. You'll get hands-on practice using fact-checking sites to evaluate and debunk false news.

May 2023

Monday, May 15th at 10:00 AM—"Intro to Managing Your Privacy" (Lecture—75 minutes)

Concerned about privacy? Unsure about accepting cookies? Come learn about some essential privacy tips! In this introductory lecture, we'll review how ads target us online, how to limit tracking, where to find browser settings and extensions to better control how our information is shared. We'll also discuss some of the key features of password managers and why they're a safe and secure option.

Tuesdays & Thursdays, May 16th—June 15th at 3:00 PM—"Android Essentials" (Course—5 weeks; 75 minute classes)

This 5-week course will cover the essentials of how to use an Android tablet, how to navigate the internet, and how to send and receive email. By the end of the course, you'll have a foundation for using an Android tablet and the internet to enrich your life. We highly recommend that you follow Android Essentials with Introduction to Digital Culture, which will offer additional practice. **Prerequisite: You must have a Gmail address and your password to take this course. For help signing up for Gmail, call the Senior Planet Tech Hotline: 888-713-3495. This course is best suited for people who have had some experience using the internet on any device.**

Monday, May 22nd at 10:00 AM—"Introduction to Translation Tools" (Lecture—75 minutes)

With the internet, the whole world is at your fingertips, but what do you do when you need to access sites or information in an unfamiliar language? There are apps for that! This lecture will introduce digital translation tools and apps, such as Google Translate. You'll learn about tools that can automatically translate the websites you visit, apps that can translate live conversations, and more. We'll also discuss the pros and cons of these tools and the situations in which they may be the most helpful.

If you are interested in attending one or more of the technology classes on the previous page, please call 758-2883 or register online.

SENIOR PLANET HELPLINE for technology assistance—M-F from 9am-5pm—FREE 844-410-0268

Information



Want your newsletter mailed?

We would like to offer to mail your newsletter to you. If interested, please let us know and send in \$5 to cover the postage per year. We will keep track of when your payment is due.

Want to Register Online?

If you have been issued a **MySeniorCenter Key Tag** from our senior center, MyActiveCenter is for you. Visit www.myactivecenter.com to sign up. Don't have a Key Tag? Call us for assistance. Once you've activated your account, you can join groups and enroll in activities online. When you enroll in an activity, it appears on your [My Activities](#) page. If you and your spouse share an e-mail address, you can add them to your account from the [My Account](#) page.

PHONE BINGO (on any type of telephone) Thursday, April 13th and May 11th at 10:00

Prizes donated by Brookdale Lenoir.

Do you want to play bingo from the comfort of your home? Call 758-2883 to get bingo cards and to register. The cards you receive will be used each time. It is your responsibility to pick up any prizes won. Call 758-2883 to register. If you are new or need new cards, ask to speak with Ingrid.

Spring Word Search

W	A	B	C	F	H	E	G	N	A	H	C	E	M	I	T	W	D	E
A	L	L	E	R	G	I	E	S	G	B	I	K	I	N	G	A	I	F
L	A	J	K	N	L	M	R	A	B	B	I	T	O	Q	P	R	S	L
K	W	E	D	B	C	B	A	X	Y	O	Z	V	W	U	V	M	T	O
I	N	F	G	P	L	O	W	H	K	N	I	S	L	N	E	W	M	W
N	M	U	T	S	R	O	Q	P	O	N	E	D	R	A	G	E	N	E
G	O	S	H	O	R	T	S	L	E	E	V	E	S	V	E	A	W	R
A	W	C	H	I	C	K	S	S	I	T	N	S	Z	Y	T	T	X	P
B	E	C	D	E	K	F	G	H	O	S	I	J	K	L	A	H	M	O
Z	R	Y	X	W	U	I	V	T	S	M	R	P	Q	O	B	E	N	T
S	P	R	I	N	G	A	N	B	E	A	S	T	E	R	L	R	C	D
N	L	M	K	N	E	E	R	G	O	I	H	E	D	G	E	N	I	E
B	A	S	K	E	T	S	S	R	T	U	G	N	I	T	N	A	L	P

Word List

- SPRING
- EASTER
- RABBIT
- FLOWERPOT
- GARDEN
- BASKETS
- VEGETABLE
- NEW
- FLOW
- LAWNMOWER
- GREEN
- ALLERGIES
- TIME CHANGE
- BONNETS
- CHICKS
- WARM WEATHER
- BLOSSOMS
- SHORT SLEEVES
- WALKING
- BIKING