

● **Medicare, 1-800-633-4227.**

Social Security Administration, **1-800-772-1213**
Social Security Hickory Office, **1-888-877-1615**
NC SHIP (North Carolina Seniors Health Insurance
Information Program), **1-855-408-1212** or **758-2883**

● **Medication Assistance**

Helping Hands Clinic (for uninsured), **754-8565**

● **Mental Health**

VayaHealth (Geriatric Adult Mental Health Specialty
Team), **759-2160**
Access to Care, 1-800-849-6127
RHA Mobile Crisis, 1-888-573-1006 (24/7 assistance)
RHA Health Services, Inc., 1-888-646-0188

● **Recreation/Fitness/Wellness**

Lenoir Aquatic & Fitness Center, **757-2196**
Quest 4 Life Wellness Center, **758-8753**
Lenoir Parks & Recreation Dept., **757-2165**
Martin Luther King Jr. Center, **757-2170**
Caldwell Senior Center, **758-2883**
Granite Falls Recreation Center, **396-1221**
Hudson Recreation Department, **726-6305**
Unifour Senior Games, **324-1200 (April-May)**
Caldwell Pathways, www.caldwellcountypathways.com
Chamber of Commerce, **726-0616**

● **Transportation**

*Transportation to or from medical appointments or other
necessary routes*

Blue Ridge Transit LLC, 212-1818
Greenway Transit, 464-9444
Lakeview Transit LLC, 569-2795
Premier Transportation, **446-5418**
Specialized Transportation, **438-0447**

● **Veteran's Services**

Veteran's Service Office in Lenoir, **757-1345**
Veteran's Clinic in Hickory, **431-5600**
Veteran's Medical Center in Asheville, **828-298-7911**
Veteran's Salisbury Facility, **704-638-9000**

● **Vision Services**

*Helps those who are blind or visually impaired by
providing classes, advocacy and support*
Dept. of Social Services, Michelle Pennell, **426-8316**
N.C. Services for the Blind, **1-800-422-0373**

● **Volunteer Opportunities**

Contact Caldwell Senior Center for a list, **758-2883**

**Information and Assistance for
Older Adults (age 60+)** is a service
that links older adults, families,
caregivers and loved ones to appro-
priate resources. **The Caldwell
Senior Center respects the privacy
of individuals and keeps all
information exchanged confidential.**

THE SATIE AND J.E. BROYHILL

**Caldwell
Senior Center**
650-A Pennton Ave. SW

PO Box 933

Lenoir, NC 28645

*Voluntary contributions to the Information
and Assistance Program help extend
services to more seniors. Donations are
graciously accepted.*

For additional copies of this
brochure, contact Ingrid Farrar at
Information & Assistance
(828) 757-8635 or
ingrid@caldwellseniorcenter.org



828-757-8635

**Information & Assistance For
Older Adults in Caldwell
County operates**

Monday 8:00 AM-4:00 PM
Tuesday 8:00 AM-4:00 PM
Wednesday 8:00 AM-4:00 PM
Thursday 8:00 AM-7:00 PM
Friday 8:00 AM-1:00 PM

To access this brochure online, go to
www.caldwellseniorcenter.org

Updated March 2021

● **Adult Protective Services/Abuse**

Investigation into allegations of abuse, neglect, exploitation & interventions in substantiated cases.
Department of Social Services, 426-8288

● **Alzheimer's Services**

Information, education and support
Alzheimer's **24-hr HelpLine, 1-800-272-3900**
Project CARE (Caregiver Alternatives to Running on Empty), **485-4267**
Caregiver Navigator (Helpline for caregivers caring for those with Alzheimer's or dementia) 844-728-0191
Specialized Respite Program, Asheville, NC, **828-259-6900**

● **Caregiver Programs**

Family Caregiver Specialist at WPCOG Area Agency on Aging, Mary Mitchell, **485-4256**
Grandparents Raising Grandchildren information, **485-4256**
NC Baptist Aging Ministry (age 65+) **1-877-506-2226**

● **Case Assistance**

Assistance to help seniors remain independent at home.
(CAP) Community Alternatives Program, **828-471-5230**
PACE @ Home (zip codes 28630, 28638), **468-3980**

● **Congregate and Home Delivered Meals**

Blue Ridge Community Action, **438-6255 (Option 0)**

● **Domestic Abuse Services**

Women's Shelter Home of Caldwell County, **758-0888**

● **Emergency Response Devices**

One Touch with All Ways Caring, **754-4528**
Help Personal Response System, **1-866-672-4852**

● **Employment Programs**

Training and employment/ job readiness programs
Caldwell Community College and Technical Institute
Job Link, 759-4680 Basic Skills, 726-2230
Vocational Rehabilitation Services, 757-5639

● **Financial Assistance and Counseling**

Counseling on financial management, Social Security benefits, food stamps, energy assistance and more.
Department of Social Services, **426-8200**
Yokefellow, **754-7088**
Salvation Army, **496-2370**
South Caldwell Christian Ministries, **396-4000**
Consumer Credit Counseling, **322-7161**
Olive Hill Community Economic Corp., **522-4051**

● **Food Resources/Pantries**

Lenoir Soup Kitchen, **758-1411**
South Caldwell Christian Ministries, **396-4000**
Crossroads Ministry/Storehouse, **612-6802**
Mountain Grove Church, **728-9557**
Mt. Olivet United Methodist, **754-4109**
Whitnel First Baptist, **754-3240**
Fairview Presbyterian/Pay It Forward, **572-4441**
Poovey's Chapel, **728-7210**
Whitnel United Methodist, **754-4012**
Yokefellow, **754-7088**

● **Hearing Services**

Communication support, advocacy and listening devices for the deaf and/ or hard of hearing.
Division of Services for the Deaf and Hard of Hearing
Morganton Center, **1-800-999-8915** or **828-432-5355**

● **Homecare and Home Health Agencies**

Home Health agencies provide physical, occupational and speech therapy & nursing services. Home Health must be prescribed by a physician. Homecare agencies offer in-home aides for bathing, dressing, meal prep, errands medication reminders and light house-keeping.
Advanced Home Care, **991-0222**
All Ways Caring, **754-4528**
Bayada Nurses Home Care Specialists, **327-3300**
Caregivers by Design, LLC, **850-9971**
Gentiva Home Health, **328-1871**
Guardian Health Services, **324-3025**
Harmony Home Care, **754-4401**
HomeCare Management, **754-3665**
Home Instead, **256-0184**
Just in Time Health Care Services, **781-9585**
Premier Home Health Services, **327-9600**
Maxim Healthcare, **270-3343**
Visiting Angels, **572-4300**

● **Home Repair/Modification**

Weatherization, wheelchair ramps, yard work, etc.
Foothills Service Project, **879-8400** (Tu, 10-12 & 1-3:00)
Western Piedmont Council of Governments Urgent Repair, **485-4281**
Blue Ridge Community Action, **438-6255**
Independent Living Program (for disabled), **322-2921** (Hky.)
NC Baptist Aging Ministry (NCBAM), **1-877-506-2226**

● **Housing**

Arbor Glen, **572-5553**
Koinonia Apartments, **758-2617**
Lenoir High School Apartments, **754-0680**
Lenoir Housing Authority, **758-5536**
Partnership Property Management, **1-336-544-2300 ext.353**
(Call for information about Caldwell County apartments)

● **Legal Services**

Advice and representation for certain legal matters such as civil (non criminal) matters and consumer problems.
Senior Legal Helpline, **1-877-579-7562 (M-F, 9-11am, 1-3pm)**
Legal Aid of North Carolina, **1-800-849-5195**
Better Business Bureau, **1-800-777-8348**
NC Secretary of State, **1-800-688-4507**
Attorney General's Office, **1-877-566-7226**
Telemarketing Do Not Call Registry, **1-888-382-1222**
Clerk of Court Office, **759-3503**

● **Long Term Care Assistance**

Information, assistance and advocacy on long-term care issues. Acts on behalf of residents in nursing homes, assisted living homes and long term care facilities.
Placement Assistance, Dept. Social Services, **426-8351**
Ombudsman, **485-4213**

● **Long Term Care Facilities**

Assisted Living Homes:
Personal care and supervision to those who are no longer able to remain in their own homes.
Brockford Inn, **396-3111 (Special Care Unit)**
Grandview Villa, **757-0136**
Brookdale Lenoir, **757-7800**
Shaire Center, **728-4673 (Special Care Unit)**
Nursing Homes:
Nursing and/or medical care (24/7), rehabilitation for injured, disabled or sick persons.
Hickory Falls, **396-2387**
Gateway Nursing & Rehabilitation., **754-3888**
Lenoir Healthcare Center, **758-7326**
Shaire Nursing Center, **728-6500**